

**Abstract:**

Cosmetic or dermatological preparations comprising

- (I) one or more surface-active substances chosen from the group
  - (Ia) of alkyl glucosides
  - (Ib) of the disaccharides esterified with one or more fatty acid residues
- (II) one or more surface-active substances chosen from the group
  - (IIa) of glycerol esters of saturated or unsaturated fatty acids
  - (IIb) of glycol esters of saturated or unsaturated fatty acids
  - (IIc) of one or more fatty alcohols chosen from the group of branched and unbranched alkyl alcohols having 12 to 40 carbon atoms
- (III) a water phase
- (IV) from 0 to 5% by weight of a lipid phase, based on the total weight of the preparations.